

# Hal S. Kopeikin, Ph.D.

## Curriculum Vita

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CA License: PSY9819, Clinical Psychologist

### EDUCATION

University of California, Los Angeles. Major in clinical psychology, minors in social psychology and program evaluation, 1978-1984. M.A. and Ph.D.

University of California, Santa Barbara. Psychology major, B.A., 1974-1978.

### CLINICAL EXPERIENCE

Private Practice, 1987-present. Provided assessment and treatment to adults, adolescents, children, and families.

Pleasant Care Convalescent Hospital, Staff Psychologist, 1991-1994.

Mission Terrace Convalescent Hospital, Staff Psychologist, 1991-1992.

Assessment, consultation, and treatment for geriatric and disabled inpatients. Initiated staff training programs, intern supervision, and research.

The Devereux Foundation, Santa Barbara. Staff Psychologist II, 1989;

Consulting Psychologist, 1990. Provided and co-ordinated psychological care, offered staff training, supervised all research at this 200 patient residential facility for the developmentally delayed and chronically mentally ill.

Child Abuse Listening and Mediation (CALM), Santa Barbara. Post-doctoral intern 1985; treatment, assessment, and research with sex offenders 1986-1987.

Counseling Center, UCSB. Full-time post-doctoral intern, 1983-1984.

UCLA Psychological and Counseling Services. Half-time intern 1982-1983.

UCLA Student Mental Health Service. Half-time intern, 1981-1982.

Fernald School, UCLA. Practicum with children & families, 1980-1981.

UCLA Psychology Department Clinic. Practicum with outpatient, low-income adults and families 1979-1980.

Klien Bottle, group home for adolescents, UCSB practicum, 1978-1979.

Sanctuary House, residential facility for psychotic adults. Paraprofessional training and placement through the Isla Vista Human Relations Center, 1978.

## TEACHING EXPERIENCE

Lecturer, SBCC, 2012

Gerontology 102 (Health Promotion: Behavior Change Theory and Practice)

Lecturer, UCSB, 1986-2005. Courses taught:

Psychology 121 (Psychological Measurement)  
Psychology 114 (Personality)  
Psychology 103 (Abnormal Personality)  
Psychology 105 (Developmental Psychology)  
Psychology 114L (Personality Lab)  
Psychology 143S (Seminar in Social Development)  
Psychology 143P (Practicum in Social Development)  
Psychology 131 (Dynamic Approaches to Psychotherapy)  
Psychology 142 (Cognitive Development)  
Psychology 90ABC (First Level Honors Seminars)  
Psychology 91ABC (Second Level Honors Seminars)  
Psychology 198 (Independent Studies)  
Psychology 199 (Independent Research)  
Psychology 197H (Honors research thesis)

Adjunct Professor, Antioch University 1986-1987. Taught graduate courses in Psychopathology.

Adjunct Professor, Pacifica Graduate Institute 1989. Taught graduate courses in Psychological Testing.

Teaching Associate, for doctoral psychological assessment courses, UCLA, 1982-1983.

Teaching Assistant, for Introductory Psychology, UCLA, 1979.

## RESEARCH EXPERIENCE

Project Scientist, UCSB, 2005-present. Asst. Researcher, UCSB 1986-2005.

Statistical analyses for multinational research projects exploring bone material density. With Professor Paul Hansma, Ph.D., 2012-present.

Research Psychologist on NIMH/NSF funded investigations of dysfunctional families, cognitive and psychophysiological moderators of social processes. With Daphne Bugental, Ph.D. 1985-2012.

Consultant for neuroendocrine research on Alzheimer's disease, with Thomas Lampe, MD, with University of Washington, Veterans Administration, and US Army, 1985-1994.

Initiated research program exploring microcomputer applications in psychological assessment, 1986-1991.

Designed and conducted evaluation research to assess ongoing clinical programs at the Devereux Foundation, Santa Barbara, 1990.

Collaborated on development of belief and attitude measure regarding college drug abuse, with Carol Geer, Ph.D., the UCSB Counseling and Career Service, and federal Department of Education, 1992-1994.

Examined family structure, childrens' anxiety and beliefs about families, and effects of a psychoeducational program with Wendy Geis-Rockwood, MSW, Santa Barbara schools and the Step Family Association of America, 1986.

Systems analysis and database design for the Washington State Psychological Association, 1984-1985.

Investigated process and outcome in family therapy for schizophrenia research with Michael Goldstein, Ph.D., 1979-1982.

Examined psychotherapy process and response for doctoral dissertation with Joseph Sheehan, Ph.D., 1982-1984.

Assisted Joseph Sheehan, Ph.D. with studies of genetic and personality factors in stuttering, 1982-1983.

Consultant to Santa Monica Hospital and Medical Center, assisting Vice President of Personnel with program evaluation research, 1979-1980.

#### HONORS AND AWARDS

1978 Graduated from UCSB with highest honors  
1978 Academic Excellence in Psychology Award  
1978 Research Promise in Psychology Award  
1978 Outstanding senior in Psychology  
1976-1978 participant in Psychology Honors and Scholars programs  
1978-1981 NIMH Predoctoral Award  
1984 Graduated from UCLA with 3.91 GPA  
1989,1991 Honorable Mention, Mortar Board UCSB Professor of the Year

#### COMMUNITY SERVICE

Chair, Psychology Graduate Student Association, UCLA, 1982-1983  
Member, Policy Review Board, UCLA Family Student Housing, 1982-1983.  
Faculty Representative, UCSB Freshman Orientation Program, 1990-1994.  
Participated in Guest Speaker Series at Student Residence Halls, 1989-1990.  
Led workshops for Psychology majors preparing for Graduate School 1987-1989.  
Guest Lectures in UCSB TA training program 1989,1991,1993, 1994.  
Psychology Department Honors Committee, 1989-1991, 2000-2002.  
Psychology Department Personality Curriculum Committee, 1993.  
Peer Counselor Educator, Santa Barbara Multiple Sclerosis Society, 1993.  
Guest Lecturer, Santa Barbara City College Adult Education Program, 1994, 1995.  
Member, Isla Vista Elementary School Site Council, elected 1993-1994.  
Member, Isla Vista Elementary Parent-Teacher Association, 1993-present.  
Director, Isla Vista Recreation & Park District Board, elected 1990-1994.  
Director, Isla Vista Association Board of Directors, annually elected 1985-1995.  
Director, Santa Barbara Mental Health Association Borad of Directors, 1998-2000.  
Webmaster, Isla Vista Elementary School, 1998-2007

## SELECTED PUBLICATIONS & PRESENTATIONS

- Goldstein, M.J., and Kopeikin, H.S. Short- and long-term effects of combining drug and family therapy. In M. Goldstein,(Ed.), *New Directions for Mental Health Services: New Developments in Interventions with Families of Schizophrenics*, no. 12. San Francisco: Jossey-Bass, Dec. 1981.
- Kopeikin, H.S. Symmetry in levels of dose and hostility, and crisis-oriented family therapy, in the aftercare of acute schizophrenia. Paper presented at the UCLA Clinical Psychology Research Conference, June, 1980.
- Kopeikin, H.S. Audiotape playback and determinants of its influence on the process of psychotherapy. University of Michigan Dissertation Microfilms, 1984; Dissertation Abstracts, 1984.
- Kopeikin, H.S. The significance of response latencies on personality inventories, talk given to FASC research group at UCSB, Fall, 1989.
- Kopeikin, H.S. Substance abuse and teenagers. Presentation at the Third Annual Alice and Dante Gazzaniga Memorial Symposium, Sansum Medical Clinic, March 1996.
- Kopeikin, H.S., Marshall, V., and Goldstein, M.J. Stages and impact of crisis-oriented family therapy in the aftercare of acute schizophrenia. In W. McFarlane (Ed.), *Family therapy in schizophrenia*. New York: The Guilford Press, March 1983.
- Lampe, T.H., Risse, S.C., Kopeikin, H., Cubberley, L., Vietch, R.C., and Raskind, M.A. Neuroendocrine responses to TRH in males with Alzheimer's Disease. *The Gerontologist*, 26, October, 1986.
- Lampe T.H., Plymate, S.R., Risse, S.C., Kopeikin, H., Cubberley, L., Raskind, M.A. TSH responses to two TRH doses in men with Alzheimer's disease. *Psychoneuroendocrinology*, 1988, 13(3), 245-54.
- Lampe T.H., Veith, R.C., Plymate, S.R., Risse S.C., Kopeikin, H.S., Cubberley, L., Raskind, M.A. Pressor, norepinephrine, and pituitary responses to two TRH doses in Alzheimer's disease and normal older men. *Psychoneuroendocrinology*, 1989, 14(4), 311-320.
- Bugental, D.B., Kopeikin, H., and Lazowski, L. Children's responses to authentic versus polite smiles. In K. J. Rotenberg (Ed.), *Children's interpersonal trust*. NY: Springer-Verlag, 1991.
- Bugental, D.B., Blue, J., Cortez, V., Fleck, K., Kopeikin H., Lewis, J.C., and Lyon, J. Social cognitions as organizers of autonomic and affective responses to social challenge. *Journal of Personality and Social Psychology*, 1993, 64(1), 94-103.
- Lampe, T.H., Veith, R.C., Plymate, S.R., Risse, S.C., Kopeikin, H., Cubberley, L., Vietch, R.C., and Raskind, M.A. The effects of TRH on blood pressure and plasma norepinephrine may distinguish AD and normal men. *Journal of Alzheimer Disease and Associated Disorders*, 1995.
- Bugental, Daphne Blunt; Lewis, Jeffrey C.; Lin, Eta; Lyon, Judith; Kopeikin, Hal. In charge but not in control: The management of teaching relationships by adults with low perceived power. *Developmental Psychology*. 1999, 35(6), 1367-1378.